

# BRIDGES

## READ MY BOOK:

The Prairie Short Season  
Yard a must-have for  
gardeners **P. 11**

## ON THE SCENE:

Yogathon raises money  
for youth, promotes  
happiness **P. 12**

## MUSIC:

Newly formed band of  
young guns featured at  
bluegrass festival **P. 30**

WEDNESDAY, AUGUST 13, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

## FIGHTING BACK

MAGGIELYN NELSON'S BOXING CAREER  
HAS PREPARED HER FOR  
SOME TOUGH BLOWS IN LIFE **P. 6**



FREE

# IN THE CITY

# AUGUST 6, 2014 — 7:13 P.M.

## A wild ride



Grace and Lucy Murray ride the Suzerain at the Sunken Ship Exhibition held at Age 9:30 12. BOWEN PHOTO BY MICHELLE BING

# INDEX

## # ON THE COVER PG. 6



Michelle Nelson has won national beauty contests as an amateur and a pro, but she now fights on her hands. Nelson recently lost cancer and her three-year-old son lost a brain tumor. Nelson's photo is in the StarPhoenix.

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Italian red goes from cocktail hour to after dinner cheese with grace

## # MUSIC P. 30



The bluegrass trio played in Saskatoon in 2013. The photo will be one of the acts at the Northern Lights Bluegrass Festival after joining the group at last year's festival. **SUBMITTED PHOTO**

## BRIDGES COVER PHOTO BY MICHELLE BERG

Bridges is published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S4N 2P1

Rita McLaughlin is editor-in-chief. Jennifer Peterson managing editor. Jenn Sharp associate editor. For advertising inquiries contact: 657-6340; editorial: 657-6327; home delivery: 657-6320. Hours of operation: Mon-Fri 9 a.m. to 5 p.m.

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# GARDENING

# GARDENING IN SASKATCHEWAN

## How to incorporate art into your garden



How to incorporate art into your garden. See these pieces for Saskatoon's artist Karen Maguire. PHOTO COURTESY KAREN MAGUIRE

By Erl Svendsen

Gardens and art have been closely tied together for centuries.

Gardens are an obvious source of artistic inspiration, with their beautiful flowers and fruits, spectacular or subtle colour combinations, large and small vistas, along with shadows on the interplay of light and shadow. However, art in the garden can be as overlooked element of design. So says Karen Maguire, one of a group of five artists who use gardens both as their muse and as a natural, outdoor art gallery to display their work.

"It's adds interest to a garden,"

says Maguire.

As a focal point, art can be used to draw attention to a special planting and to draw visitors into a garden along a carefully planned path. It can be used to add height and drama to a space, or to create surprise when art is hidden out of sight, say around a corner.

Interestingly you can reverse this idea of showcasing art into a garden by using carefully considered plantings to highlight a special piece of art.

This is the case in the Lee Mill Sculpture Garden in Assiniboine Park in Winnipeg or Prosper Park in

Oshawa, Ontario, where art is the focus and the plants are the accessories.

Sculpture is the medium that comes first to mind when one thinks of art in a garden, whether it is representational like a statue of a person or animal, or more modern, abstract art.

Depending on the materials used, sculptures can change little over time. Materials aging signs of slight erosion or a buildup of a patina (on metal or concrete sculptures) serve as a counterpoint to the constantly evolving garden.

Wood sculptures can be ephemeral in nature, changing dynamically and

dramatically over time. New layer of colour and texture are added as the sculpture grows visibly older and perhaps decays.

Art in the garden isn't limited to three-dimensional pieces. Maguire hangs paintings in her gardens. You can hang art on your fence, a free-standing trellis, gazebo walls or a pergola. And why not? The paintings add colour and interest, and draw the eye above the plant canopy. And like walls, fences and other vertical structures are ideal for hanging.

Fences are used to outline bound areas and can define garden rooms while creating a sense of privacy

or seclusion. And there's no need to limit it to paintings — photography works just as well. Maguire brings her artwork in at night and protects it from nocturnal visitors like adverse against exposing it to direct sunlight.

Have a gardening question? Contact Gardens@248-966-5885 or gardens@248.com.

Flair gardens is provided courtesy of the Saskatchewan Perennials Society (saskperennialsociety@hotmail.com/yahoo.com). Check out our bulletin board or calendar for upcoming horticulture events (Lobster & Lemons at the Forsyth Farm, garden tour).

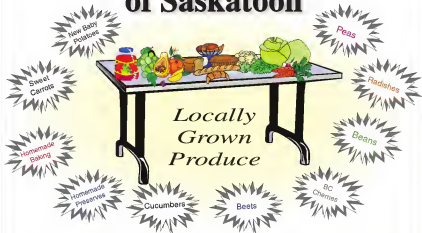
### NINTH ANNUAL ART IN THE GARDEN SHOW AND SALE

Karen Maguire, along with painters Kathleen Stevan and Selma Thompson, sculptor James Karpson and photographer John Hurst, have been showcasing their artwork in outdoor spaces for several years in Saskatoon. This year they will host their ninth show and sale.

#### IN CAMERIDGE CRESCENT

Aug. 16, 10 a.m. to 5 p.m.  
Aug. 17, 10 a.m. to 5 p.m.  
Free and open to the public.  
For more information by e-mail: event@van-dit.com

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**Peavey Mart on 51<sup>st</sup> Street - Thursdays**

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**Hours of Operation: 9am to 4pm**



# ON THE COVER

I find the boxing relieves a lot of stress. It's a time where, for an hour, you can clear your head. — Michelle Nelson

#MICHELLE NELSON

## Fighting — inside the ring and out



Being champion Michelle Nelson at her gym where she trains and coaches up and coming boxers is fighting a battle far greater than any she's faced inside the ring. Nelson's photo by Scott Lee Ellis

By Sean Trembath

Michelle Nelson is no quitter.

She has been boxing for 36 years. She won two national titles as an amateur, and as a pro she's the Canadian champion in the 118-pound box tomorrow's division. In her business, toughness is a prerequisite.

"Boxing is a tough sport. You're not going to survive, and be a champion, if you're not tough," Nelson says.

She has learned to appreciate the highs and lows from the lows in the marathon fight game.

"In order to be a champion you have to fight the best people, and sometimes you don't get the win," she says.

Nelson has had to face her toughest fight yet over the last 18 months, but it hasn't taken place in the ring.

Less than a month after she won the Canadian title, her three-year-old son Dax was diagnosed with Nephrotic Syndrome, a set of symptoms related to kidney failure that can be rooted in any of a number of "lucky diseases."

Less than a month after that, Nelson herself was diagnosed with cervical cancer. She beat it, but it required major surgery and a break from boxing.

Despite all this, she has continued to run Nelson's Boxing, the non-profit gym she founded with husband Chad Belkirk in Kelowna.

"It makes it tough for business, and for our family, but we're just going to keep doing whatever we can," Nelson says.

Dax is taking chemotherapy now and she knows the fight isn't over. She plans to keep doing what she has always done — roll with the punches and keep answering the bell.

I'd kind of done everything, been to every tournament, and there wasn't looking to be a future in the Olympics, so I decided to take the next step and go pro. — Nelson

Nelson was 17 the first time she walked into a boxing gym. It was her parents' idea. She says it was for fun at first, but admits that she used to get a bit sloppy in her neighborhood. Boxing was a good place to focus those tendencies.

It wasn't long before people in the gym saw something in her.

"Then just a couple days in, people were asking if I wanted a fight. I thought, why not try that?"

John Devonan was Nelson's first coach and trainer for a thousand. He says he knew within six months that she had the potential to be a champion.

"It's not just skill. They need the heart. They need the ability to get into a tough boxing match and succeed. It's just not a matter of skill. You can have a lot of skill and a weak pit," Devonan says.

Nelson had her first amateur fight just after she turned 18. It was in Prince Albert. She lost a decision. She doesn't remember the specifics of the fight. She does recall the crowd going wild and the trophy she got when the bout was named fight of the night.

"It was awesome. I cried. If I couldn't wait for the next one," she says.

She learned early that a loss can be a valuable experience.

"Whenever you do lose a fight, I think you learn more from it. You want to get back in the ring and redeem yourself," she says.

Nelson fought in an amateur for 11 years, with more than 60 fights. She was on the national team for much of that time. She might have gone pro sooner but was holding out hope that female boxing might be allowed into the Olympics. Eventually, with two national titles to her name, the wait became too long.

"I'd kind of done everything, been to every tournament, and there wasn't looking to be a future in the Olympics, so I decided to take the next step and go pro," she says.

Her first professional fight was on Sept. 26, 2007 at the Shaw Conference Centre in Edmonton. Nelson says a lot of friends and family made the trip out to support her. She won a unanimous decision.



Michelle Nelson spars. Nelson's first fight in her gym is in Saskatoon. BROWN PHOTO BY MICHELLE BROWN





If I can take that hour to train, I find it makes me stronger to go back and fight with him, and deal with his status."  
— Nelson



Michelle Nelson pictured here with Isaac McKay says that "during releases a lot of stress. It's a time where, for an hour you can clear your head." (PHOTO BY PHOENIX NEWS)

The focus now is on Day. He started showing resistance to the medicine he was being given. Now he is taking chemotherapy, which should hopefully "reset his immune system," Nelson says. It's a necessary step, but begins with a further hardship: With chemo weakening his immune system, Day has to be away from the gym.

"We're very much a boxing family. My son has been in the gym since

he was a couple days old," Nelson says.

It also means either she or her husband has to be with Day. Nelson's training time is restricted, but it's so important for her as it has ever been.

"I find the boxing releases a lot of stress. It's a time where, for an hour, you can clear your head," she says.

"If I can take that hour to train, I find it makes me stronger to go back

and fight with him and deal with his status."

• • • • •

On top of Nelson's own career, she and McKay train about 100 people at the gym. Most of them are there only for fitness, but some of her younger fighters are getting ready to compete on the national stage.

"She's really good as a coach. She has taught us a lot," 18-year-old No-

ah McKay says.

"Basically she's taught me every thing I know. I don't really know any thing else, other than boxing."

As he gears up for nationals, McKay takes inspiration from knowing Nelson has succeeded at that level.

"She motivates us a lot, because we see what she has accomplished. It makes us realize anyone can do it. She's a tough girl, but she did it, so we can," he says.

Isabelle Elliot has been at Nelson's for only three months — she spent four years at another gym that recently closed — but she already feels at home.

"I was really nervous at first, but now I would want to go anywhere else," Elliot says.

Being able to train under another female has been a boon for the 17-year-old.

Continued on Page 10

Boxing is a tough sport. You're not going to survive, and be a champion, if you're not tough.

— Nelson



Michelle Nelson would like to look as tough as a career goal that has eluded her — competing at women's boxing at the Olympics. (Photo by Michelle Nara)

"I think it's actually a lot cooler to have a woman coach. At my old gym, I was the only woman. Coaching here, it's been really good to spar with girls and have a girl coach as well who you can go to with other things," she says.

Working with younger fighters has helped Nelson with her own game.

"I think coaching definitely helps with fighting. You look at it from a different perspective. That sometimes when you're doing your own training, you think of it more as a coach," she says.

In some ways, watching struggle is tougher than being in there taking the shots.

"When people are fighting, you want to be in there. You go through the same emotions watching as fighting. Your heart is in there with your fighters," Nelson says.

With women's boxing finally becoming an Olympic sport in London two years ago, Nelson has a new goal to chase. She hopes to help someone reach the one career goal that has eluded her.

"I'm hoping to have a future women's Olympian out of this gym. That's definitely a goal," she says.

shen@thehillsidesnews.com  
Twitter: @shennews

## Authentic Amish Cooking



Authentic Amish Cooking

### Maple Pecan Oatmeal Bars

- 2 1/2 C. Oats
- 1/2 C. Maple Syrup
- 1/2 C. Butter
- 1/2 C. Pecans
- 1/2 C. Sugar
- 1/2 C. Eggs
- 1/2 C. Vanilla
- 1/2 C. Maple Syrup
- 1/2 C. Butter

Preheat oven to 350°. Grease 9x13 inch pan. Mix oats, maple syrup, butter, pecans, sugar, and eggs in a large bowl. Press mixture into pan. Bake for 25 minutes. Let cool. Cut into bars.



- 1 1/2 C. Oats
- 1/2 C. Maple Syrup
- 1/2 C. Butter
- 1/2 C. Pecans
- 1/2 C. Sugar
- 1/2 C. Eggs
- 1/2 C. Vanilla
- 1/2 C. Maple Syrup
- 1/2 C. Butter

Preheat oven to 350°. Grease 9x13 inch pan. Mix oats, maple syrup, butter, pecans, sugar, and eggs in a large bowl. Press mixture into pan. Bake for 25 minutes. Let cool. Cut into bars.

### Breakfast Strata

- 1 Egg
- 1/2 C. Milk
- 1/2 C. Butter
- 1/2 C. Sugar
- 1/2 C. Vanilla
- 1/2 C. Maple Syrup
- 1/2 C. Butter
- 1/2 C. Pecans
- 1/2 C. Sugar
- 1/2 C. Eggs
- 1/2 C. Vanilla
- 1/2 C. Maple Syrup
- 1/2 C. Butter

Preheat oven to 350°. Grease 9x13 inch pan. Mix eggs, milk, butter, sugar, vanilla, maple syrup, and pecans in a large bowl. Press mixture into pan. Bake for 25 minutes. Let cool. Cut into bars.



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# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

#LYNDON PENNER

## The Prairie Short Season Yard

I kept writing a book was more like.

I was a highly imaginative child and I drew my mother and grandmothers with my innocent questions about everything. My grandmothers, in their wisdom, taught me how to use an encyclopedia. That way, I could find the answers to my questions by myself. Little did she realize this would not only find my burning desire to learn as much as I could about the world around me, but also help foster a real love for books and the written word.

Libraries were the first place out side of the garden that I felt safe. They were the libraries in which I sought sanctuary.

As a child, I developed a passion

for two things — gardening and books. I read everything I could get my hands on, and I became acquainted with great garden writers through the ages. I marveled at their words and thrilled to their adventures.

Over the pages of books, I learned with Frank Engelhard-Ward through the land of the blue poppy, Gertrude Jekyll taught me about color.

I found writers like Anna Powell who made the tulip name show for me like no one ever had. I was instantly entranced by the rather rude and abrupt opinion of Christopher Lloyd.

If I'm not reading, I'm in the garden. If I'm not in the garden, I'm

writing about gardening, either for my blog, for a class I'm teaching, or for a client. It seems like it was always my garden (garden related) knowledge to write a gardening book.

I have gardened on three continents. I have observed, experimented, trusted, succeeded and failed with gardens in both temperate and sub-tropical climates. I have reasoned over magnolias in Vancouver and tulips under the spell of Mexican bougainvillea. Still, I always come home to the Prairie. I am a Prairie boy through and through. I don't want to live any where else. I don't want to garden anywhere else. We have a short season. We have only a short time to experience the wonder of a north-



Lyndon Penner

ern climate summer. I am proud to be a gardener and especially proud to be a gardener here. That's why I wrote 'The Short Season Yard' — if I can illuminate the path for just one Prairie person to find their way to a love of gardening, then I've done what I am supposed to do.



Short & Beautiful on the Canadian Prairies



## Next week in BRIDGES

Kocur Rachey shares her love for rhythmic gymnastics with students of all ages



# ON THE SCENE

## #YOGATHON SASKATOON

Yoga lovers embraced the outdoors during a four-hour event in Rotary Park on Aug. 9.

Yogathon Saskatoon featured yoga classes, live music by Vladimir Tshuma, Elizabeth Beckler & Jordan Shultz, and Jesse Davis, and a lot of positive vibes. The event was free but donations were gladly accepted for Vinyasa Yoga For Youth and the Kapten Kool Medical Fund. Approximately \$1,500 was raised for the two causes.

Vinyasa Yoga For Youth empowers youth aged five to 22 through the practice of yoga at in-school workshops, after-school and youth drop-ins, and at weekend retreats. Kapten Kool is a young boy in Saskatoon with severe ear fluid, problems that required specialized treatment and a long stay at a hospital in the United States.

**888888 PHOTOS BY LIAM RICHARDS**

1. Taihnee Fournier leads participants in a yoga session.

2. Musicians perform while participants do yoga.

3. Instructor Taihnee Fournier.

4. Vanessa Bowen, left, and Fraser Nybo.

5. Dorian and Shontel Bellaise with their children Asher, 3, and Iselle, 5.



# ON THE SCENE



## Thank you, Saskatoon.

We are proud to deliver the content you trust in print; online on your desktop, tablet and smartphone; and through social channels as part of your day.

With 154,000 readers each week, we have continued to evolve as part of this community for more than 110 years.



\*Source: NABSource 2013 post-week 4 audit (July 2013) 100 circulation (CIR) Audit file.

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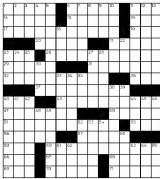
\$1.00 plus all applicable taxes for the 6x9x30 days. \$1.15 plus taxes every 30 days thereafter.

## # CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 White band on potter  
 3 Before battle rous  
 14 Backflow (lit)  
 15 "... one of us"  
 16 When and where  
 17 Words on a birth anniversary  
 18 Europe's Greek mountain  
 20 End up with him  
 21 Has coming  
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 23 Quote for a rap  
 24 2009 Peace Nobel  
 25 Island setting for "Rings of the Caribbean"  
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 29 Israeli comedian democracy in Central Africa  
 30 Gay further  
 31 Seeds from these flowers  
 32 Slightly



## DOWN

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## # JANRIC CLASSIC SUDOKU

Janric Gold  
 Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and analysis of elimination to solve the puzzle.



The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

Solution to the crossword puzzle and the Sudoku can be found on Page 31

## # ASK ELLIE

## Relationships require agreed approaches to problems

Q. My fiancée can't have children. We know that definitely now. My father took me aside and said I need to re-think the future, as this would be a deal breaker, if not now then later.

I love this woman and am very conflicted. We care deeply for each other, respect each other and can discuss anything, and also have terrible times together, even when just hanging out.

I know there are options, but they won't produce "our" child, which is what I want most.

Can we survive this blow and still have a happy life? We both have good careers so will always work, we've been known players and enjoy playing together, both love to travel, and also have a good circle of friends.

A. There are, of course, countless examples who do not have children who have very happy and have healthy relationships.

Generally, either both parties started out with a stated preference and agreement to be childless, or both can't have kids for various reasons. OR one partner decided that he/she would rather be with the chosen, beloved partner than have

He/she has decided to build on the love and compatibility already known and shared, thus just goes to see day find someone with whom they can have a child and maybe be happy.

Your father was being naturally prescient of you to say that you need to think about this.

But it's not about whether you'd feel guilty to have. Rather, think about whether this woman is the love of your life and the companion with whom you want to spend your life.

If the latter, you may both one day be more comfortable in considering adopting a baby or child into a happy home. Or you may find it acceptable for you to father a child through assisted reproduction, e.g. a donor womb (something you'll need to re-search in your locale).

Or, you may contribute to many child-care issues by having involved coaching, mentoring, and/or the likeness of Canada.

Q. Have this pay who's never going to marry me. He had a son with a girlfriend, and is very responsible father even though the mother is now living with someone else.

He supports his son, and feels that marriage is just too risky of money and emotions (his parents had a messy divorce).

But he says he loves me and we get along great. We're both late 30s. I've been divorced,

## Ask Ellie



have no children, but I'm close with my son's children. I've met him when he's 11 now and he's a good kid.

A. In all relationships, there are risks. And love is certainly worth considering which risks you can handle.

If you can accept a common law arrangement, or even a long-term dating relationship from separate homes, you have the guy you love, without a wedding ring. Common law relationships do have some legal rights after a period of time together (depending on your jurisdiction), unless a cohabitation agreement is filed or separate assets.

So you may not have financial security without you and he coming to some agreement.

If these issues aren't bothering you, you can be happy in this relationship. The unknown factor is that for how long?

The answer can only come from you, depending on your emotional and financial needs, and potential changes ahead that can affect you, him, or the arrangement.

Q. My wife's beautiful, intelligent woman when I love deeply, she's taken 30 years to be able to say we have a good relationship.

We were very much in love when we married, and had lots of sex. That's when our differences really started to show. I was used to children being raised to be polite and in the background, she believed kids are front and center stage.

We're each compromised and agree to most things about the kids, which has helped to become a solid, happy family.

A. No two people come together with exactly the same attitudes.

But having firm common values is your strength.

It's okay you adapting as the kids grow into years of seeking independence and testing you both.

That's when you need to be compromise on other areas of difference.

And find other ways to bond, e.g. new and revised goals for enjoying your own relationship as a couple.

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## ASIA PACIFIC

**Aden Bowman Collegiate**  
1904 Clarence Avenue S.

Enjoy the diversity of cultures of the Far East by walking through our unique displays and tasting a variety of ethnic cuisines. We will delight you with our spectacular Onsen Onsen, hear the thunderous sounds of Japanese Taiko Drumming, Oriental Martial Art demonstration and traditional Japanese Tea Ceremony are just a few of the many cultural programs.



## BANGLADESH

**SaskTel Sports Centre**  
150 Nelson Road

Bangladesh, "the land of the Bangla speaking people", has a rich heritage & vibrant culture. At our colorful pavilion, discover the various aspects of the life of Bangladesh people including intricate handicrafts and artwork. Enjoy beautiful dances and elegant fashion and musical shows. Take the opportunity to taste our delicious traditional cuisine. Bangladesh is at your door - come and make friends!

## GHANA

**SaskTel Sports Centre**  
150 Nelson Road

Come enjoy the West African Coast experience at one of the newest pavilions, the Ghanaian Pavilion! We are making our debut with the A&C Global Village. Try the tantalizing African dishes. Take in the vibrant music and dance. Aden - Ashanti, Kokoobee - Cwa, Kpanlogo - Ba.



## INDIA

**Walter Murray Collegiate**  
1905 Preston Avenue

Nonpareil Savanaghram: Welcome to the Colourful India Pavilion - our colourful India Pavilion is a showcase of the various forms of Indian classical dance, music, instruments, and architecture of milestone structures in India. History Come and enjoy yourself with The spectacular age-old music and dance traditions and displays of Indian architecture. Share our awesome food!



## INDONESIA

**Saskatoon Friendship**

We invite you where you want to visit and visit you where you want to visit. We invite you to visit you where you want to visit. We invite you to visit you where you want to visit.

## CENTRAL AMERICA & MEXICO

**Lions Arena**  
2205 McEwen Avenue

The Central America and Mexico Pavilion also known as Mesomexico or Middle America. Come and enjoy our delicious homemade foods and drinks. Be ready to be dazzled with our live show. This year our showcase brings yet another spectacular presentation performed by local talent. Come practice your Spanish with our Youth and Adult Ambassadors and say "¡Gusta mucho unguiso!" and make a friend.



## CARIBBEAN

**Hall B Prairieland Exhibition**  
503 Ruth Street W.

Our steel band will have you on your feet and feeling the island rhythms. Be inspired by our Time Teller, France Mark, all the way from Jamaica our jazz warriors, Troy and Orson from Barbados, Keith Pascal, our Latin Dancers from Toronto, and our special guests from Regina, the Capella Latino Dancers and the Regina Caribbean Orchestra. We hope you come hungry as the Prager Pot Kitchen has some new additions. We invite you to experience exciting spirit unique to the Caribbean and in your favorite dishes.

## GREEK

**Hall E Prairieland Exhibition**  
503 Ruth Street E.

Welcome to GREECE! Follow your stroll through our village. You will absorb the authentic sounds of Greece by the thousands of air live local dance troupes. Tell us and experience the hospitality and passion of the people. Follow the old man who extends his hand as if greeting without hesitation - he is Zisis, the god of hospitality who experiences will have you saying "It's all Greek to me" for a long time. (P&H)



**SaskTel Folk Festival**  
August 14  
PASSPORTS \$150 FOR UNLIMITED  
[WWW.SASKTEL.COM](http://WWW.SASKTEL.COM)

## SCOTTISH

**Hall A Prairieland Exhibition**  
503 Ruth St. W.

Enter the state of the Scottish Pavilion and become part of our Scottish family. Enjoy continuous entertainment with crowd favourites such as Bush of the Day, The Roadkill, Whistles and Trogans as well as the Pipes & Drums. The Scottish Highland Games, the Glendy Highland Games and the Scottish Scottish Country Dancers. The "New stars" will be entertained with activities in our Children's Area. The latest best friends will entertain the crowds during our popular Scottish breakfast show. The Scottish bring out the cultural flowers you can sample in a variety of Scottish dishes.



## GERMAN

**German Cultural Centre**  
160 Cartwright Street

Visit us in and outside the German Cultural Centre. Enjoy our famous schweinisch with hot air balloon, Enghausen with beer festival or the very lively beer festival on the 1st. Now for the entertainment are the Regina Carnival Dancers and a "Soccer Shoot" by popular around Austin, the Hinkelkiss. Know, the German know the Dilemma Duo and our two dance groups will bring "dramatic" and German folklor to our guests.





## INDIAN & METIS

**on Indian & Metis  
Ship Centre - 168 Wall Street**

Join us for the Indian and Metis Pavilion. We will share about our culture, traditions, and more. You will experience great food, live music, and interactive entertainment and amazing in between and now waiting for you to make out of "Native Flare Home".



## IRISH

**Nutana Curling Club  
2002 Arlington Avenue**

We invite you to stroll through our display area where some of the most beloved of Irish legends are featured, learn the Irish tales of "The Little People", the creation of the Glens, the Emerald and others. Your visit must include a trip to the Irish Kitchen. Enjoy the food as you watch and listen to top-fiddling entertainers presented by the Irish dancers and musicians.



## MESOPOTAMIA

**Sacred Heart Chaldean Church  
2101 Landsdowne Avenue**

Welcome to the Mesopotamian Pavilion where you can experience the contemporary culture of one of the world's most ancient civilizations. Listen to the exotic sounds of the Zurna and Dabke, the traditional flute and drum. Be entertained by our dancers. A showcase of local talent will also provide live musical bands and DJs. Foodies can be sure to find something that satisfies their palate.



## NORWAY

**St. Joseph High School  
115 Neilson Road**

Come on a journey to Norway that will delight your taste buds. We have wonderful entertainment like Norwegian dancers, Norwegian Vikings, September 8, 9:00 - 3:00 Norwegian Grammy award winner and lots more. Our display will intrigue your interests. Sit back, relax and enjoy your journey through our music, our displays, decor and delicious food.



**Kataton Folk Festival**  
4-16, 2014

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## PHILIPPINES

**C Prairieland Exhibition  
Ruth Street W.**

Traditional entertainment. Kulaningang folk music will present a repertoire of folk music. The group will showcase the nation's history and unique cultural heritage through its costumes, music, dance, and ethnic presentation. It is the sound of the night, the taste of the night. And you visit the green Pavilion to great "babuyan" and "Luzon".



## SIERRA LEONE

**SaskTel Sports Centre  
150 Neilson Road**

On behalf of Sankoson Sierra Leoneans Cultural Community Inc. We are here by saying a big welcome to everyone. Come and get new friends, this is our first year experiencing Folkfest. Visit our pavilion and enjoy good food and good entertainment, cultural dance and craft display.



## RUSSIAN MATRYOSHKA

**Third Avenue United Church -  
304 3rd Avenue N.**

We are opening our door to you, introducing and sharing our historical arts, folk costumes, music, unique Russian cuisine and lots of Matryoshka (nesting dolls) you can buy at our pavilion. We will entertain you with folk singing and Russian Music Group "Baryere" with their colorful costumes, vibrant music and dances.



## PAKISTAN

**SaskTel Sports Centre  
150 Neilson Road**

Pakistan, the land of spectacular diversity, culture, art, talent, and heritage. Our pavilion is popular for its colorful displays of traditional crafts, traditional music, and spectacular regional dance. We will be presenting spectacular music and dance along with delicious food and interactive and artistic displays. Our pavilion will present glimpses of Mahatma Gandhi and Gandhara, one of the oldest known human civilizations.



## UKRAINIAN KARPATY

**Hall D Prairieland Exhibition  
503 Ruth Street W.**

The inhabitants of Western Ukraine, especially of the Karpaty (Carpathian) Mountains, have some of the richest and most unique cultural traditions in all of the country. Come stroll through our pavilion and experience Karpaty hospitality. You will be welcomed at the door and welcomed into a atmosphere of food, fun, and festivity. By some tasty home cooked meals made from our kitchen recipes. Enjoy our continuous entertainment from top notch Ukrainian singers and dance groups.



## # RECIPES

# Spicy-sweet tomato jam and cheese-stuffed tomatoes

By Alison Ladman

Slices 'em and stuff 'em

That's really all a seasonally delicious tomato needs. Though if you really want to fancy it up, you could add a bit of pepper, a splash of olive oil, maybe a sprinkle of balsamic vinegar. Just enough of each to highlight the sweetly acidic flavour of the juicy tomato flesh.

Still, summer tends to bring an abundance of tomatoes so we couldn't help but dream up a few other ways to play to a tomato's strengths. We started by turning them into a spicy-sweet jam that is a perfect accompaniment to cheese and cured meats or try it in place of ketchup. Looking for something a bit more subtle? Try our recipe for cheese-stuffed tomatoes.

## SPICY-SWEET TOMATO JAM

Start to finish: 1 hour; plus cooling

Makes 3 cups

- > 8 large tomatoes, sliced
- > 2 large yellow onions, sliced
- > 1/2 to 1 teaspoon red pepper flakes
- > 1/2 cup packed brown sugar
- > 1 teaspoon kosher salt
- > 1/2 teaspoon ground black pepper
- > 2 tablespoons minced fresh rosemary
- > 2 lemons, juiced
- > 1/2 cup balsamic vinegar

### Method

In a large sauce pan, combine all the ingredients. Bring to a simmer and cook, stirring frequently for 1 hour, or until thick and jammy. Allow to cool. Store in an airtight container in the refrigerator for up to 3 weeks.

## CHEESE-SWEET TOMATOES

Start to finish: 30 minutes

Serves 4

- > 1 medium onion, oil
- > 1 medium yellow onion, sliced
- > 2 lemons, juiced



Spicy-sweet tomato jam (photo courtesy of AP Photo)

### Method

- 1. Heat the oven to 400 F. Coat a 9-by-9-inch baking pan with cooking spray.
- 2. In a medium skillet over medium-high heat the oil. Add the onion, garlic and onion. Cook for 5 minutes, or just until tender. Stir in the lemon crumbs, cheese, salt, pepper and cilantro.
- 3. Cut a 1/2-inch slice off the top of each tomato. Use a rubber butter to



Cheese-stuffed tomatoes

scrap and the insides of the tomato leaving the outer flesh intact. Spoon a quarter of the cheese mixture into each tomato. Arrange the filled tomatoes in the prepared pan. Bake for 6 to 10 minutes, or until tender and bubbly.

THE ASSOCIATED PRESS

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# OUTSIDE THE LINES

## # Colouring contest

Each week Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product, and email it to [bstadon@theistarphoto.com](mailto:bstadon@theistarphoto.com). One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Olivia Kotelnik. Thanks to everyone who submitted artwork.

# InStyle

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Bridges' Special Advertising Section



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# InStyle

FASHION TRENDS

Bridges Special Advertising Services

## ← MOTO CHIC

Moto Chic this season is one of our favorite collections. Lady Douth is a Canadian company from Montreal. This 2 tone riding jacket is sleek and sexy. The motorcycle has stretch to it so you get that perfect fit. It's featured with new shoes by Dole made in Portugal and a belt with multiple hole sizes so it can be worn on the hips or the waist.

**Uline Euro moda**  
355-664-6518



## ↓ COCLICO'S BOOTS

Exclusive to Durand's, Coclico's boots are the perfect marriage of exquisite style and comfort. Handmade in a family owned factory in Spain, their supple new leathers are made to wear well and age beautifully. Their standards of production, beauty and quality are a reflection of the amazing women who wear Coclico.

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## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # MUSIC

Wed., Aug. 13

**3 Strings Festival**  
Buds on Broadway,  
611 Broadway Ave.

**Jay Arner with Coors**  
Vander's Tavern,  
601 Broadway Ave.

Thurs., Aug. 14

**Eddie Robertson Duo**  
Cricket's Restaurant &  
Lounge,  
1-337 Phoenix Ct.

**September Long w/ Graham Walker**  
Buds on Broadway,  
611 Broadway Ave.

**Kim Mitchell w/ The North-  
em Miles and Where's My  
Mullet**  
O'Brien Event Centre,  
241 Second Ave. S.

Fri., Aug. 15

**Hung Jury**  
Buds on Broadway,  
611 Broadway Ave.

**4-Piece**  
Army & Navy Club,  
359 First Ave. N.

**The Nodules**  
Moshley Robinson,  
3330 Eighth St. E.

**Loon Dubs**  
Maford Senior Citizens'  
Centre,  
103 Fairmont Ct.

**Strike Wier w/ The Slim City  
Phunks**  
Amigos Gardens,  
632 10th St. E.

**The Avikats**  
Vander's Tavern,  
601 Broadway Ave.

**Art Run**  
Pizzini's Pub and Grill,  
1403 Mykaylil Dr. N.



Rockin' Ken Mitchell will be performing at O'Brien Event Centre on Thursday. *Photo: Frank Hoot*

**The Nodules**  
STEAK PLAZA,  
106-108 South St. E.

**Electric Deligees w/ All  
Mighty Voice**  
Rock Bottom,  
8348 Broadway Ave.

**Funkey Friday w/ DJ  
JayGee**  
Rockzapper,  
7-2810 Eighth St. E.

Sat., Aug. 16

**Hung Jury**  
Buds on Broadway,  
611 Broadway Ave.

**Ernie Repen**  
TCU Plaza,  
3-32nd St. E.

**4-Piece**  
Army & Navy Club,  
359 First Ave. N.

**Reign's Rhythmic Kings**  
Downtown Legion,

605 Simpson Circle W.

**Les Repetition**  
Northern Legion,  
3031 Louisa St.

**Zelko Ellendie**  
Moshley Robinson,  
3330 Eighth St. E.

**OGMing w/ Motion Picture  
Life and Hedding Dookey**  
Amigos Gardens,  
632 10th St. E.

**Jett Ross**  
Pizzini's Pub and Grill,  
1403 Mykaylil Dr. N.

**Roadie and the Rivermen**  
The Refinery,  
609 Saffron Ave.

**The Debits**  
STEAK PLAZA,  
106-108 South St. E.

Sun., Aug. 17

**BC Band**  
Buds on Broadway,

ings examining the creative  
possibilities of ambiguity and  
juxtaposition

**Black Service Gallery**  
Until Aug. 16 at Highway 2  
Northside The Men Who  
Paint show

**Hard Wave Gallery**  
Until Aug. 16 at 420 Third  
Ave. Northwest The Banks  
off, scenic landscapes by  
Artha Roomans.

**The Steel Gallery**  
Until Aug. 15 at Collective  
Coffee, 230 20th St. W. Here  
works by Jay Simpson are  
on display. An artist recep-  
tion and show, with works  
by Cindy Petersen, Iris Hesser  
and Jackie Miller, runs until  
Aug. 30 at Arca, 308 Second  
Ave. N.

**Ninth Annual Art in the Gar-  
den Show and Sale**  
Aug. 16, 10 a.m. to 5 p.m., and  
Aug. 17, 10 p.m. to 5 p.m., at  
Mayday's Garden, 18 Cam-  
bridge Creek. Works by artists  
Annex Korpan, Karen Maguire,  
John Herret, Kathleen Smith,  
and Sylvia Thompson.

**Gallery on Third, Wetrous**  
Until Aug. 16 at 102 Third  
Ave. E., Wetrous/Paine  
Patchwork, by local artists.  
A variety of quilts, samplers,  
and decorations.

**The Storybook Gallery**  
Until Aug. 26 at 224 20th St.  
W. Paper Campfire. A print  
and poster exhibition of lo-  
cal environmental artists and  
designers.

**SCVA Gallery**  
Until Aug. 29 at 233 Third Ave.  
S. Works by Kenzie Kertzen-  
bach.

**Gordon Douglas Gallery**  
Until Aug. 21 in Room 121 of  
the University of Saskatchewan's  
Murray Building. Eighth  
USCAG Certificate Student  
Graduate Show Reception.

Aug. 15, 7:30 p.m. to 9 p.m.

**Pevedarts**  
Submission deadline is Aug.  
29, 5 p.m., at 424 20th St.  
W. or [artistic@pevedarts.ca](mailto:artistic@pevedarts.ca).  
I Am the Bridges, call for  
submissions. Open to all  
Saskatoon-based video, film  
or media artists. They are  
looking for short videos or film  
works to be screened as part  
of the 20th Culture Days  
festivals on Sept. 27 at 6  
p.m.

**Kelving Fine Art**  
Until Aug. 30 on the eighth  
floor of the Delta Business-  
ough-Hotel. The mixed media  
floor work of Aboriginal artist  
Heather Shillinglow.

**Skellern Arts Centre, Bos-  
therm**  
Until Aug. 30 at 701 Railway  
Ave., Bozherm. Northern  
Landscapes by Men Who  
Paint, Cam Fennellier, Gert  
Wagenaar, Paul Brodton, Roger  
Troutner, Men Who Paint.

**Peirce Star Gallery**  
Until Aug. 31 at 1336 Eighth  
St. E. Peirce star gallery  
Views from the Edge of the  
Ter Seids. Paintings by Gerry  
Bertling.

**Mewins in Valley Centre  
Gallery**  
Through August at 400 Third  
Ave. S. Take a walk with Me-  
wins of Saskatoon inspired by Pe-  
trick A. Clarke. Original water-  
colours inspired by walks and  
travels along the Mewins  
valley and beyond.

**Art in the Centre at  
Penitence Centre**  
Through August at 100 Gran-  
per Cres. Works by Walter-  
munda and Friends.

**Artivity Gallery**  
Until Sept. 1 at 813 Broadway  
Ave. A Show About Nothing.  
Works by Emma 2004 Interna-  
tional participants and invited  
artists.

## # ART

**The Gallery at Frances Mar-  
rison Central Library**  
Until Aug. 16 at Frances Mar-  
rison Library. Free items by  
Tyron John Atkinson. Paint-

# EVENTS

**Musiel Art Gallery**  
Until Sept. 14 at 950 Gadsden Cres. & Summer exhibitions Concluded Beauty: in the Company of Emily Carr; Symbolic Magic, examining the Canadian northland from diverse perspectives; A Vital Force: works from 1933-53 by the Canadian Group of Painters. The Artists by Artists Mentorship Program reflects Susan Weisenburg's work with his mentor, Muriel Linnco.

**Handmade House Show-**  
Until Sept. 27 at 710 Broadway Ave. Uply Face Jugs featuring works by ceramic artist Bernie Cline.

**Humboldt and District Museum and Gallery**  
Until Sept. 27 at 601 Main St. in Humboldt. Two Perspectives, pottery and paintings by Neil Dehn and Karen Holden. "Saskatchewan Stitches Quilt Block Challenge" runs until Sept. 27.

**Canadian Museum of Canada**  
Until Oct. 3 at 910 Spadina Cres. & Emily's Journey: The Cosmos of This World. A narration and screening of the documentary "The Automatic Advantage" will be held on a Friday in September at 7:30 p.m.

## # FAMILY

**Saskatoon Peaceful Parenting Group**  
Aug. 19, 10 a.m. to 12 p.m., at the Pregnancy and Postnatal Health Centre, 246 Third Ave. S. For any family seeking to raise their children peacefully & different topic each month. Children are welcome.

**Stars and Strippers**  
Wednesdays 10 p.m., at Centre Cinema in The Centre. Choice of two movies



*Shoreline* by Emily Carr is on display at the Musiel Art Gallery.

each week. A baby-friendly environment with binned volume, dimmed lighting, a changing table and stroller parking in select theatres.

### Fun Factory Indoor Playground

Do it at 1630C Quilley Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced-in area for children under two.

### Children's Play Centre

Daily at Lawson Heights Mall & fun, safe environment for preschool children to play. Please note this is an unsupervised play area, and adults must stay with and supervise children at all times.

### Breastfeeding Cafe

Thursdays, 10 a.m. to 11:30 a.m., at Westwoods Primary Health Centre, 3011 Fairlight Dr. A drop-in support group for breastfeeding women.

Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

### Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

### Movies for Mommy

Thursdays, 1 p.m., at Lawson Heights. An infant-friendly environment with reduced sound, change tables, bottle warming and stroller parking.

### Puppets at the Marm: A Saskatchewan Story

Aug. 14, 1:30 p.m. to 2:30 p.m., at the Marm Saskatchewan, 326 18th St. E. Presented by staff from Marm's Valley Centre. A story about the early years of Saskatchewan. Donations are appreciated.

Information at 306-965-6881 (ewriting@macwan.com).

### Canadian Light Source (CLS) Public Tours

Thursdays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Pre-registration is required. Call 306-667-3644, email outreach@lightsources.ca or visit: lightsources.ca/education/public\_tours.php

### Car Seat Clinics

Second Thursday each month, 3 p.m. to 6 p.m., at Pregnancy and Birth Centre. 3-605-234-1018. Get your seats checked and questions answered by a trained Car Seat Technician. Call 306-261-7531 or email: wharton@gmail.com to register. Drop-ins also welcome.

LLC Saskatchewan Training Series Meeting

The Second Thursday of the month through August, 8:30 a.m. at Holy Covenant Church, 1426 Alexander Ave. All women interested in breast-feeding are welcome. They meet the second Thursday of the month, January to April. Call 306-655-4625, email: llocaibee@comcast.com.

### Shop & Bowl

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of O'Connor's at the Mall at Lawson Heights. Classes consist of power-walking, body-sculpting moves using exercise tubing and a socializing for parents and babies. Pre-register at: nansensationalbootcamps@gmail.com. No classes on hot holidays.

Coffee Time for Moms. Fridays, 10 a.m. to 12:30 p.m., at Bobbi's Bobbi's Bco, 11-105 Central Ave. Moms enjoy a free cup of coffee while children play in the playroom.

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## EVENTS

**Prenatal Yoga Summer Series**

Until Aug. 30, Thursdays at 7 p.m. and Saturdays at 11 a.m., at Balance Within Studio and Wellness, 300 Third Ave. S. Six-week classes taught by Nina Zenz. A safe and nurturing environment for moms-to-be. Prepare for the birthing process through breath-work, relaxation and meditation techniques. To register email [brockm@bethninyogaaj@gmail.com](mailto:brockm@bethninyogaaj@gmail.com).

**Relay Talk at SPH**

Fridays, 10:30 a.m. at Alice Turner Smith, Tuesdays, 10:30 a.m., at Carlyle King Beach and JS Wood Beach, and Tuesdays 10:30 a.m. at Cliff Wright Beach. Half-hour signed and shyms, then mingle with other parents.

**Funky Artsmiths Summer Kids Camp**

Until Aug. 15 at Funky Artsmiths Studio. For ages 4-14. Discover elements of art, use many media types and sources, capture new techniques and application, learn art history, and keep a daily sketchbook. With a field trip to the Mendel Art Gallery. To register email [funkysummer@gmail.com](mailto:funkysummer@gmail.com).

**Engineering for Kids Summer Camp**

Until Aug. 15 inspiring the next generation of engineers. The engineering of everyday things for ages seven to 14, and Junior Chemical and Civil Engineering for ages four to six. For information or to register visit [engineerforkids.net/ask-ask.htm](http://engineerforkids.net/ask-ask.htm).

**Diablo in the Dark**

Aug. 16, 10:30 a.m. to 1:30 p.m., at the Harecity Farm. Hosted by Mommy Connections. Bring food to cook in the barbecue. Sweet treats will be provided with a visit from Anna and Kila from Harecity. Open to ages, children, parents, kids of all ages, and friends. To be Admission is free. Donations will be collected for the children's Hospital Foundation.

**Funky Artsmiths Summer Kids Camp**

Aug. 16-22 at Funky Artsmiths Studio. For ages eight to 14.



Artists day for artists at a University of Saskatchewan summer camp in Saskatoon. PHOTO BY MICHELE BROWN

**Postnatal Yoga**

Mondays, 12 a.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 248 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Baby friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at [motherhoodwecommunity.ca](http://motherhoodwecommunity.ca) or on their website.

**Prenatal Yoga**

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 248 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 306-239-0443 or email [magnus@pghc.ca](mailto:magnus@pghc.ca) or register email [pghc@gmail.com](mailto:pghc@gmail.com). No class on start holidays.

**Funky Artsmiths Summer Kids Camp**

Aug. 16-22 at Funky Artsmiths Studio. For ages eight to 14.

Discover elements of art, use many media types and sources, capture new techniques and application, learn art history, and keep a daily sketchbook. With a field trip to the Mendel Art Gallery. To register email [funkysummer@gmail.com](mailto:funkysummer@gmail.com).

**Grief and Grief Time**

Saturdays, 11 a.m., at Indigo Books, 2022 Eighth St. E. in the kids' section. Call 306-554-5446 or [radioindigo.ca](http://radioindigo.ca).

**YAS! Radicalist Kids Camp**

Until Aug. 31, 8:30 a.m. to 3 p.m., in Saskatoon. For ages seven to 16. Skills development, team building, fun, fundamentalist and basic skills. Finishes with the North-South Inman Tournament, Aug. 22-23. To register call 306-342-3420 or visit [yaskids.ca](http://yaskids.ca).

**Akita Summer Camps**

Mondays to Fridays, until Aug. 21, 9 a.m. to 12 p.m., and 1 p.m.

to 4 p.m., at ACES Saskatoon, 5D-215D Eighth St. E. Various art camps for kids ages five to 12. Visit [aces.org](http://aces.org).

**Doreen Paul Parent and Overlander Camp**

Until Aug. 22 in Saskatoon. The camp is designed for parents and their preschool child to enjoy active play, games, crafts and activities together. Register at 306-554-5446 or [radioindigo.ca](http://radioindigo.ca).

**Huskies Hockey Camp**

Mondays to Fridays, until Aug. 22 at Rutherford Arena at the U of S. For ages five to 14. On- and off-ice hockey instruction as well as other daily activities. Visit [hussies.usask.ca](http://hussies.usask.ca).

**Saskatoon Army Beezer Creek Camp**

Mondays to Fridays, until Aug. 22 at Beaver Creek. Includes music camp, adventure

camp, men's and kids camps, team camp and family camp. Visit [beavercreekcamp.ca](http://beavercreekcamp.ca).

**Agile Grower Day Camps**

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S College of Agriculture and Biosciences, 51 Campus Dr. Five-day camps, one four-day camp, camps start with a lunch. Register at [agbi.usask.ca/community-research/abscamp-program.php](http://agbi.usask.ca/community-research/abscamp-program.php).

**Sci-Fi Science Summer Camps**

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S. Science camps, technology camps, computer science camps, medical science camps and veterinary medicine camps. Visit [sci.usask.ca/summercamp.php](http://sci.usask.ca/summercamp.php).

**Summer Art Camps**

Mondays to Fridays, until Aug.

22, 9 a.m. to 4 p.m., at Mendel Art Gallery. For ages six to 12. Draw, paint, collage, design, build, imagine and play. To register call 306-975-8447 or email [uprondel@mendel.ca](mailto:uprondel@mendel.ca).

**Summer Ecology Camp for Kids**

Mondays to Fridays, until Aug. 22 at the U of S. Various five-day camps for kids ages eight to 14. Visit scientists and learn about various elements of the environment. To register call 306-966-5339.

**Living History Children's Workshops**

Mondays to Fridays, until Aug. 22 at the U of S Museum of Anthropology. For ages six to 12. Activities, art projects, crafts, games and workshops featuring the cultures of the ancient and medieval world. Visit [usask.ca/en/antiquities/index.php](http://usask.ca/en/antiquities/index.php).

**Huskies Sports Camps**

Mondays to Fridays, until Aug. 24, 9 a.m. to 4:30 p.m., at Huskies Hockey Park. Contact: football, volleyball, and various soccer camps. To register call 306-966-1001 or visit [hussies.usask.ca/community-research/abscamp-program.php](http://hussies.usask.ca/community-research/abscamp-program.php).

**Summer Kids Day Camps**

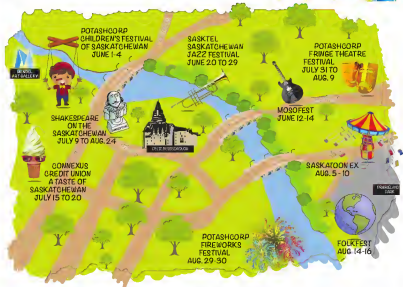
Mondays to Fridays, until Aug. 24, 9 a.m. to 4:30 p.m., at Wemlock-Heritage Park. For kids ages seven to 16. Exploring, crafts, first Nations history and entertainment. Healthy snacks and beverages are included. To register call 306-331-6767 ext. 244, or email [camp@wemlockheritagepark.com](mailto:camp@wemlockheritagepark.com).

**Saskatoon Zoo Summer Camps**

Mondays to Fridays, until Aug. 22 at the Saskatoon Zoo. For kids ages seven to 14. Spend a week of the year and let the animals make up their minds. Crafts and games. Bag lunch and snacks are required Monday to Thursday, with a complete lunch Friday. Visit [saskatoonzoo.ca/camps](http://saskatoonzoo.ca/camps).



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# EVENTS

## Garden Hockey Camps

Various camps Mondays to Fridays, until Aug. 29. For kids ages seven to 12. Players must wear full hockey equipment. Visit [sports.conservancy/hockey-camps.aspx](http://sports.conservancy/hockey-camps.aspx), call 306-955-3606

## Children's Artistry Camps

Mondays to Fridays, until Aug. 29, 9 a.m. to 4 p.m., at the U of S, organized by the College of Education. For ages five to 12. Various activities in fall or fall camp are available. Visit [servicess.uwsask.ca](http://servicess.uwsask.ca) to register, call 306-966-8021

## Robb's Robb's Roo Playroom

Mondays to Fridays, 10:30 a.m. to 4:30 p.m., and late night Thursdays, at Robb's Retail Ltd., 77-783 Centre Ave. With a VEG area, kitchen and shopping centre, puppet theatre, stage, and costs. To book space, or to check for availability, call 306-364-4700 or email [robb@robb.ca](mailto:robb@robb.ca)

## Playgroup

Thursdays 9:30 a.m. to 11:30 a.m., at Grace Westminster United Church, 100122nd Street. Parents Heart's Learning Community group of families inspired by Westminster philosophy. Programming is aimed at children ages five to five, but all ages are welcome.

## Playful Play Time

Thursdays, 10:30 a.m. to 11 a.m., at Muttley Mobile, 3120 Eighth St. E. For children ages three to five in the Circle of Joy. Call 306-555-1437

## Puppets at the Mamm's Adventure Story

Aug. 19, 10:30 a.m. to 11:30 a.m., at The West Residence, 324 10th St. E. Presented by staff from Muttley Mobile Centre. A story about the early years of Saskatchewan. Donations are appreciated. Information at 306-966-0852, [www.muttley.com](http://www.muttley.com)

## Infant Family Yarns

Thursdays until Aug. 26, 7:30

a.m. to 9:30 p.m., at Pre-natal and Parenting Health Centre, 248 Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit [birthprepnhs.ca](http://birthprepnhs.ca).

## Mums and Baby Outdoor

Strut Fitness Classes Tuesdays and Thursdays until Aug. 26, 10:30 a.m., along the Muttley Trail. Meet new mums and get a whole body workout. To register and for starting location call 306-375-2638 or email [lesk@strutfitness.ca](mailto:lesk@strutfitness.ca) or visit [strutfitness.ca](http://strutfitness.ca). More information on Facebook

## Agriculture in the Classroom

Summer Garden Program Tuesdays to Fridays through August. A free all ages drop-in program activities and games surrounding gardening, healthy eating, sustainability, and cultural perspectives. Tuesdays, 1 p.m. to 3 p.m., at Mayfair Community School and the Redbank Farm; Thursdays, 1 p.m. to 3 p.m., at Westmount Community School and 31. Anna School; and Fridays, 10 a.m. to 12 p.m., at St. Maria Goretti Community School and Missy to 3 p.m., at Vincent Massey Community School. Call 306-555-5520 or email [kate@wpc.ca](mailto:kate@wpc.ca)

## Car-Air Gymnastics Camps

Until Aug. 29 at 3702 Mitchellman Ave. Various schedules for ages five to 16. Visit [carairgymnastics.ca](http://carairgymnastics.ca)

## BRICKS & BONES

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO® bricks. Visit [bricksandbones.ca](http://bricksandbones.ca) or call 306-975-2749



The Saskatoon Symphony Orchestra will perform an Evening Under the Stars on Aug. 13 at Whitford Auditorium. Tickets are \$20 to \$40.

## Saskatoon Public Library

Organizing daily programs for children and families. Find the calendar at [saskatoonlibrary.ca/index/1046](http://saskatoonlibrary.ca/index/1046)

## SPECIAL EVENTS

### Walk on Wednesdays

Wednesdays 7 through August, 10:30 a.m., starting at the Museum building. History information walks with a Metewin presenter will feature Aug. 13, Downtown & Gardens. With an evening walk Aug. 13, 7 p.m., History along the River. For information call 306-966-8858

### Community Campus Tours

Wednesdays and Thursdays, 1 p.m. to 2:30 p.m., through August, starting at the Glenfleurie Centre. A leisurely walking tour of the U of S campus. Highlighting history, architecture, and architecture. For information or to reserve a spot call 306-966-5281, or email [info@uofsa.ca](mailto:info@uofsa.ca)

### Evening Under the Stars

Aug. 13, 8 p.m., at Whitford

### Sports Centre

The Saskatoon Symphony Orchestra presents the ultimate symphonic rock show. Evolving rock ensemble acts in classical. The music of ELIO, The Gravel, Superheroes and The Moody Blues. Tickets at 306-653-4700, [saskatoonorchestra.com](http://saskatoonorchestra.com). Proceeds support the St. Paul's Hospital Foundation.

### 28th Anniversary of Saskatchewan's First Tree Planting

Aug. 13, 10 a.m., at Peckfield Park, hosted by the 1989 Joan Canada Games Foundation Inc. Volunteers, athletes, coaches, managers, staff and sponsors from the games will arrive. RSVP at 306-361-7125, [joancanadagamesfoundation.com](http://joancanadagamesfoundation.com)

### Your 50th Birthday

Aug. 13, 8 p.m., at Centre Hall, 614 10th Ave. E. High Impact Meeting. Hosted by the U of S. A evening of networking, fundraising and architecture. For information or to reserve a spot call 306-966-5281, or email [info@uofsa.ca](mailto:info@uofsa.ca)

### Mark Price: Walking Performance

Until Aug. 24 along River Landing

ing. He will walk with an organ grinder while walking through the River Landing path. His band organ plays a rendition of Carl Zuckmayer's *Der Wechsler* (the bird seller) and acts as a backdrop to the path to feed the birds. This project is part of the 2014 Vancouver Project.

### Third Annual Golf-Tee™

Autumn Aug. 16, 10:30 a.m. registration, 1 p.m. tee-off, at Moon Lake Golf & Country Club. Includes 18 holes of golf, steak dinner, prizes, a silent auction, and a raffle to win a 2014 Volvo XC90. For more information visit [www.golftee.ca](http://www.golftee.ca) or call 306-655-7013 or 2. Proceeds go to Autism Services of Saskatchewan.

### Samuel Desrosiers and Friends

Aug. 14, 9 p.m., at Convocation Hall at the U of S. Samuel Desrosiers, Artist Chord, Vancouver, B.C. and The Canadian Trio perform. With works by Schubert, Debussy, Chopin, Debussy and Chopin. Tickets at the door.

### SPFC Dance

Thursdays through August, 7 p.m., at the Joan Canada Games monument in Seward

Park. Saskatoon International Folk Dance (SPFC) dances. Learn dances from many countries around the world. No admission. Visit [saskatoonfolk.com](http://saskatoonfolk.com)

### 39th Annual Folkfest

Aug. 16-19 at several around Saskatoon. Three days of ethnic food, entertainment and attractions. Passports at Seward, Seward, Park Town Hotel and South in Saskatoon. Visit [saskatoonfolkfest.com](http://saskatoonfolkfest.com)

### Northern Lights Music Camp

Until Aug. 15, at the Northern Lights Music & Arts Centre. Music site, 20km northwest of Big River. Play and music in blues and old time music. Classes in fiddle, guitar, banjo, upright bass, mandolin, dobro, old time piano, old time fiddle, and old time harmony for all skill levels. Visit [northernlightsblues.com](http://northernlightsblues.com)

### A Genetic Approach to Dance

Aug. 16, 8 a.m. to 11 a.m. First Dance Centre, 224 25th St. W. Learn dance through Laban movement analysis and Bernstein Fundamentals. With Bernice D'Amico, a professional development workshop for dance artists and educators. Visit [dancemovement.com](http://dancemovement.com)

### Use The Thoroughbred Racing

Aug. 15-16, 7 p.m., at Manuka Downs. Use horse racing in life. See [lifeinracing.com](http://lifeinracing.com)

### A Local Food Celebration

Aug. 15, 5:30 p.m. cocktails, 6:30 p.m. dinner at the Cedar School Grounds across from the Community Hall in Oakdale. Presented by Saskatoon Food Council. A dinner showcasing local produced food. With an interactive appetizer station and a cash bar. Tickets at [cfecc.com](http://cfecc.com), 306-331-5942.

### The Tree to the Homeless

September 13, 10 p.m. at a special tree in growth for the update of the Saskatoon Tree Tour Guide. Visit [trees.org](http://trees.org) or call 306-553-4209 or 306-373-5907

# EVENTS

## Ninth Annual Northern Lights Bluesfest and Old Time Music Festival

Aug. 15-17 at the Northern Light Bluesfest & Old Time Music site, 2000 northeast of the River. Featuring Jeff Sorenson & Colorado Tenorblues, The Silver Savanahs, Le Vent du Nord, The Cumberland Head, Colin Walker, Ryan Reiff, Freda & Shella Iverson and The Gracklers. Tickets at northernlightbluesfest.ca, Long & McQuinn, Manly's Restaurant, or at the gate.

## River Landing Market

Saturdays until Oct. 4, 8 a.m. to 2 p.m., at 135 South Saskatchewan Way. Sunday markets alongside the Farmers' Market. A wide variety of art, imports, home furnishings, fashion and décor.

## Antique Car Show

Aug. 16, 10 a.m. to 2 p.m., at Pinewaive Chateau, 310 Cree Circle. With live entertainment by Leon's Happy Camp. RSVP at 306-915-0563 or stop by.

## Rock Party

Aug. 16, 10 a.m. to 5 p.m., at the corner of 24th Street and West Street. Hosted by Citizen Café and Bakery. Hippie-themed and dance grove. Music, vendors, and a food truck. Max Hill food truck.

## Live at Launch 2014

Aug. 16, 24, 10:30 a.m. to 1:30 p.m., at the Victoria School's Little Stage Stage. Live local music used on Broadway Ave.

## Putt & Muttz

Aug. 16, 12:30 a.m. to 3:30 p.m., at Greenberg Golf & Country Club. Hosted by New Hope Dog Rescue. A 10-hole Texas scramble golf tournament, golf drinks, and a silent auction. Tickets at newhopecanada.org.

## Western Theatrical Classical Concert Tour

Aug. 16, 7 p.m., at the Symphony Office, 426 24th St. W. The classical artists perform classic works and famous orchestral scores. Featuring soprano Courtney Brägen, baritone Wayne Brinkley, and pianist Ryan Goetz. Tickets at brownpaper tickets.com or at the door.

## Mer Open House

Aug. 17, 10 p.m. to 4 a.m., at the Mer Residence, 305 19th St. S. A tour of the house and the ambient Mer Gardens.

## Yagathon Saskatoon

Aug. 17, 8 a.m. registration 9 a.m. to 2 p.m. yoga. In Friendship Park, join 400 others around



Take a tour of the Mer Residence, the oldest house in Saskatoon on Aug. 17. [photos.merhome.ca/albums](http://photos.merhome.ca/albums)

the world in this event. With Under Shingle Skins, five submersible entertainment, music and food. Register and tickets at [peppahs.org](http://peppahs.org). Fundraised help to provide free schooling to children in impoverished countries.

## Cherry Festival

Aug. 17 on the grounds and sidewalk of the Saint Therese Institute in 18th & 14th, cherry picking, pancake breakfast from 8 a.m. to 11 a.m., cherry smokes, burgers and cherry sundae after 11:30 a.m., live music, children's activities and music video performances.

## Elton and John

Aug. 15, 7 p.m., at Pinewaive Chateau, 310 Cree Circle. Duo entertainment with light refreshments. RSVP at 306-915-0563.

## Tric Concerts

Aug. 15, 7:30 p.m., at St. Andrew's Presbyterian Church, 436 Spadina Circle S. The Lyell Quartet in recital series. Featuring pianist Veronika Sawada, violinist Nancy Dolan and cellist Simon Fryer. Works by Schubert, Beethoven and Dvorak. Tickets at Yarmou Plains. Multiple admission, or at the door.

## THEATRE

### Moss

Until Aug. 24 at Station Arts Centre, 101 Railway Ave. Reclaim When Dad and his wife's grandfather did embark on a drive from Calgary to Mexico, Arizona they have very different goals in mind. What begins as a desperately long trip for this unlikely pair turns into a warm hearted journey of friendship and self-discovery with plenty of laughs along the way. Tickets at 306-232-5232.

### A Clearer Walk with Patsy Cline

Until Aug. 24 at Pansophic Theatre & Globe Theatre production. Follow the legendary country and western music sensation as she climbs to stardom... from small town Virginia to Carnegie Hall in this musical featuring her greatest hits. Tickets at 306-364-7727, pansophictheatre.org.

### Shakespeare on the Saskatchewan

Until Aug. 24 at the Shakespeare site, Romeo and Juliet and The Taming of the Shrew. Tickets at 306-364-7700, dromedary.ca. Visit [shakespeareonthe.ca](http://shakespeareonthe.ca).

Event listings are a free community service offered by Rogers. Listings are posted at [photos.merhome.ca](http://photos.merhome.ca).

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# SHARP EATS

See a food trend you think deserves a highlight in Bridges?  
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or visit Bridges on Facebook

## # SASKATCHEWAN FOOD SCENE

### Food tour the first of its kind in Saskatchewan

By Jenn Sharp

If you're the indecisive type, there's a new way to try out the best eats from a variety of restaurants.

Taste-It Food Tours combine a walking tour of several foodie spots, plus some historical tidbits along the way.

Patti Rodgers started the voluntary tour business the first of its kind in the province, after trying similar tours in Seattle, Ariz., last winter. A retired principal, she runs home and got the ball rolling. Taste-It Food Tours started up in Moose Jaw this summer, with tours coming soon to Regina and Saskatoon.

She saw Moose Jaw as the perfect place to begin the tours. The city, which started as a railroad town in 1881, has a fascinating history and most of the restaurants are in the walkable downtown area.

The three-hour tour stops for about 30 minutes at each place, where caterers serve a signature dish in a smaller tasting size, plus a drink. The tours can accommodate up to 30 people and can be booked for private groups, so well.

To book a tour go to [www.tasteitfoodtours.ca](http://www.tasteitfoodtours.ca). Their prices range from \$85 to \$120 and run until the end of September.

A Cathedral Village Inncheoner beer and Queen City downtown dinner tour will start the week of Aug. 17. Rodgers hopes to have tours running in Saskatoon before the season ends.

#### OLIV TASTING ROOM

Oliv's tasting room, the little child of Moose Jaw physician Anne de Toul and Jim with business, is a sight to behold. The flagship location starts all of the company's delectable olive and balsamic vinegars. Oliv franchises are located throughout Canada.

The balsamic vinegar is dark brown and thick, almost like syrup. That's because Oliv's vinegars contain a high percentage of apple



Oliv's balsamic vinegars are now located in 15 other locations across Canada. Taste-It Food Tours is also in the area.

must (the juice and skins left over after pressing grapes for wine). The dark balsamic is aged in oak barrels, while the white balsamic is aged in stainless steel barrels. Full of flavor and with virtually no fat or sugar, the vinegar is a healthy alternative to heavy sauces or dressings.

The olive oil is sourced from the couple's olive groves in South Africa, along with partnerships they have with farmers in Greece and elsewhere. Try out the butter drizzle on popcorn or the balsamic on grilled veggies.

#### HOPKINS DINING PARLOUR

The slogan here, "a dining adventure into yesterday," is fitting, as Hopkins restaurant draws back to the Victorian era. The building was originally a grand home built by Edward Hopkins in 1865.

The Parson family turned the house into a restaurant 30 years ago. Owner Cindy Parson says they were the first spot in Saskatchewan to serve chicken wings.

The gem of Hopkins is the third floor. Large south-facing windows let the room in light and mur-



(top right) The menu at Hopkins Dining Parlour is a mix of Victorian and modern. (above) A sampling of the most popular selections at Hopkins. Chicken, quinoa, rice, balsamic vinegar, and potatoes are all with house-made items.

room has one wall. Sit off from the rest of the facility if it's a great place to throw a party. Hopkins is known for their prime rib and steaks. The dining room — we tried an appetizer or sampler of Greek ribs, buffalo chicken wings, potato skins. Owner said and customers, it would go back for the house-made balsamic alone — it's that good.



Hopkins Dining Parlour in Moose Jaw.

# SHARP EATS

## GRANT HALL

Built in 1895, Grand Hall was the place to be in the '30s. In fact, Moose Jaw was the place to be in that era, too. Al Capone's famous tunnels helped Canadian whiskey make its way to prohibition-era Chicago, and that same whiskey supplied the city with ample libations. Prohibition reigned so much in the bars on River Street.

While Grand Hall was not officially a CFB hotel, it was remodelled after other grand CFB hotels of the time, and hosted a number of celebrities and royal guests.

The building later became home to war veterans. By 1969, it had become an eyesore and home for pigeons. Verne Aldard, a Regan Furniture store owner, bought it for \$1, and in 2001 began an extensive renovation project with her brothers Alvin and Ervin Rose.

The new Grand Hall dining room opened in 2015 to the public, and the boutique hotel opened earlier a few months ago.

We were served an incredibly fresh spring greens salad with grilled pineapple, roasted red peppers, spring onions and Mediterranean style marinated mussels and calamari. A glass of The Welltrapp's Vagabond Chateau blanc blend provided the perfect balance to the sweet pineapple and salty mussels. Plus, we were seated at a great room with high ceilings, a twinkling chandelier and rustic furnishings, which made it all the better.

COBOLWA EXTEND

The Mediterranean-themed restaurant where the smells of garlic, bread and tomato waft through the air has been a mainstay in Moose Jaw for years. Two years ago, the executive chef Shave Caron and his wife Rebecca bought the business.

A tasting plate of Caesar salad and Spaghetti Shackles was finished off with a pork medallion topped with caramelized onions. While the salad and spaghetti were fine, the pork was a bit overcooked and a little too sweet. An overly sweet cocktail was a pretty nice touch for the meal.

## BOBBY'S PLACE ON THE WORLD TOWNSHIPS

Bobby a Scotsman who immigrated to Canada, always wanted to own a Scottish pub on the Prairies. While he never got the chance, his daughter Marion and her husband Steve opened the pub, named for her dad, on High Street in Moose Jaw. A large mural of Bobby and his wife graces the outside wall, paying homage to their Scottish ancestry.

Known for having the best fish 'n' chips in  
Moose Jaw, the delishious battered cod and



(Top photo) Ginn Hall was first built in 1903 and was one of the first buildings in Moose Jaw for years. However it became condemned in the '90s. After a 13-year restoration project it reopened to the public last year. (Middle) A spring green and southern island of Ginn Hall. (Bottom photo) By John A-MAP

home cut from did not disappoint. The staff is friendly plus they stock over 40 brands of single malt and blended scotches — what's not to love about Robin's Place?

nişla vücutları

This pretty little cafe, owned by Danny and Brandon Richardson, was featured on *You Gotta Eat Here* last year and for good reason — you won't find more ice cream or more delicious smoothies else. The bus-

chicken fingers and homestyle milkshakes are the stuff of legends

Our tour got to try a sampling plate of deep fried macarls: Mars Bars, cheeseballs and bananas. Really when you deep fry anything, it's going to be good but the gooey Mars Bar chocolate oozing out of a crispy dough pocket was the best.

January 2016



(Top photo) & sampling of popular dishes from Cusqueña (left), Cuzco (center), and Arequipa (right). (Middle photo) The fish is served in a sampler plate in Arequipa (left) in the style of a ceviche. (Bottom photo) & sampling of Arequipa's most popular dish, the *chicha*. (Bottom photo) & sampling of Arequipa's most popular dish, the *chicha*.

# MUSIC

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## #BLUEGRASS TRIO

# New generation, old sound

By Ashley Martin

*Oh good! My house, former more my house days will soon be over*  
When Jason Leland introduced Goodbye House to an audience last month, he admitted he doesn't know much about alcohol addiction first-hand. "Which is a good thing. He is only 16, after all."

It's a good bet his bandmates are ignorant of the subject too. But they sure sound good harmonizing about it.

Leland, Elan Froese-Roedgers (15) and Kaiti Thorlakson (16) make up In With the Old, a bluegrass trio based in Saskatoon.

This week marks their first anniversary — they decided to form a band at last year's Northern Lights Bluegrass Festival, with a bit of prodding by Thorlakson.

"I had been bugging Jason for a couple months prior to camp that we should start a band or join or do something," said Thorlakson.

"I'd been playing solo for a year and playing by yourself, like you said, there's something missing. Like you said more sound, it just didn't feel like enough. I guess I really wanted a band and I knew I needed a bluegrass band, and I knew Jason from camp. I knew how good he was of a fiddle player so I reached him up in conversation."

They jammed at camp, and Froese-Roedgers stooded upon them. "The rest is history."

"Kaiti, she said me if I wanted to start a band and I was like 'well, sure,'" said Froese-Roedgers. "She's always looking for people to play with."

Former band The Raggy Bluegrass Boys, performing at the 2011 Northern Lights, inspired Thorlakson to start a bluegrass band.

"We were just so awesome when I watched them and just the way the harmonies sounded. They'd all back off and then one guy would walk up and do a solo and then



Alan Froese-Roedgers, Jason Leland and Kaiti Thorlakson are in with the Old, a bluegrass trio. PHOTO BY CHRIS BARNES.

they'd keep going and it was never just about one person. It was about the whole band," said Thorlakson.

In bluegrass you learn who everybody is and everybody is respected for what they do."

The motto camp that provides the format is where this trio learned its chops.

Leland has attended Northern Lights since its foundation to now and decided four years ago he wanted to take up the fiddle.

Of the audible crows at the Old Time Music Camp, "I thought banjo was kind of the coolest one so many people play guitar and fiddle and

stuff and I thought banjo would be kind of unique," said Leland.

His counterparty has noted it up at camp.

Thorlakson has learned vocal harmonies, guitar and fiddle over the past four years. Froese-Roedgers has studied vocal harmony times. They both opted for mandolin this year.

"I've been teaching myself. I got my mandolin for Christmas look out of the library and did that," said Froese-Roedgers.

While Leland "was pretty much raised on that type of music since I was seven or eight or something," his bandmates were not solitary.

Thorlakson's introduction to bluegrass music came from a poster at the Neelon Lake campground store advertising Northern Lights.

"I always just thought it was old country," said Thorlakson. "I had known since I was in bluegrass I was listening to."

"I had never even listened to bluegrass before then," said Froese-Roedgers, who learned of the camp through her mom's Google search. "You will be her third year attending."

Being a band has presented some challenges, given that Thorlakson

lives a two-hour drive in Kamloops and doesn't yet have her driver's license.

When they can get together to practice, it's usually a rehearsal session just for a gig.

Lately there's Facebook. They post new songs to their personal page and give each other homework in terms of notes and instrumentation.

There experience with long distance will come as handy as Froese-Roedgers heads to Blackfins University this fall to begin music studies.

[www.inwiththeold.com](http://www.inwiththeold.com)  
[fb.com/inwiththeold](http://fb.com/inwiththeold)

## MUSIC



Saxophone duos duo in: With the Old Females at last year's Northern Lights Bluegrass Festival. Photo by CHRIS SAMUEL.

## Northern Lights Bluegrass and Old Tyme Music Festival

### FRIDAY

5:45 p.m. — River Sisters  
6 p.m. — The Old Pickers  
6:45 p.m. — Bob McKeown  
7 p.m. — The Sloan Bunch  
7:45 p.m. — Ray Elliot  
8 p.m. — Old Time Dance with  
Colin Geddes  
9 p.m. — Raven She Hollers  
9:15 p.m. — Jeff Scroggins and Colorado  
10 p.m. — The Samelins  
10:15 p.m. — Los Texmelicos

### SATURDAY

12:30 a.m. — Dorelle and Sheila Pelletier  
11:55 a.m. — Layton Forster  
11:30 a.m. — The Old Pickers  
12:05 p.m. — William McConnell  
12:30 p.m. — The Cumberland Brothers  
1:15 p.m. — Straight from the Heart  
1:30 p.m. — Le Vent du Nord  
2:15 p.m. — Raven She Hollers  
2:35 p.m. — Jeff Scroggins and Colorado  
3:05 p.m. — Dick Briskie  
3:30 p.m. — Youth Showcase  
4:15 p.m. — Bonnie Lohman  
4:30 p.m. — The Old Pickers  
5:15 p.m. — The Buckets

5:30 p.m. — Ryan Baldi  
6:15 p.m. — Bob McKeown  
6:30 p.m. — The Cumberland Brothers  
6:45 p.m. — KES 360  
7:30 p.m. — The Sloan Bunch  
8:05 p.m. — The River Sisters  
8:30 p.m. — Le Vent du Nord  
9:15 p.m. — Is With The Old  
9:30 p.m. — Jeff Scroggins and Colorado  
10:15 p.m. — Midnight Riders  
10:30 p.m. — Los Texmelicos

### SUNDAY

10 a.m. — Sunday Morning Gospel with Iván  
Armstrong and Friends  
11:15 a.m. — The Gaddy Family  
11:30 a.m. — Dorelle and Sheila Pelletier  
12:05 p.m. — Dick Briskie  
12:30 p.m. — Ryan Baldi  
1:05 p.m. — The Buckets  
1:30 p.m. — Les Texmelicos  
2:15 p.m. — KES 360  
2:30 p.m. — The Cumberland Brothers  
3:00 p.m. — Le Vent du Nord  
4:05 p.m. — Ray Elliot  
4:30 p.m. — The Sloan Bunch  
5:15 p.m. — Pine

## WINE WORLD

### #SASKATCHEWAN WINE SCENE

## Italian red goes from cocktail hour to after dinner cheese

By James Romanow

There are about a dozen wines in the world that are made to be any aperitif whatsoever.

Most folks get around quite quickly to the great French wines — Bordeaux (left and right banks), Burgundy, Chablis and Châteaufort. But Italy makes some absolutely great ones too, and for some reason it takes people longer to discover these.

I've been a fan of Italy's Piemonte since my first trip. Barbera is close to a cult wine for people like me — a good one starts around \$10. Barbera is a fairly inexpensive table wine from the area. But the wine that seems to have the broadest appeal is Barbera.

Wine snobs were sniffed at it as *vino da tavola*, but in the last few decades some extraordinary Barbera has been made. A crisp acidity and decent fruitiness make for a medium bodied and extremely likable wine.

Lately some makers have been letting the grapes ripen longer, striving for more powerful examples. I tend to try the more common and less expensive wines because they are so drinkable. (Although I admit to chasing Barbera d'Asti, a sub-concentration that has some lovely examples and can give the best wines in the world a run.)

SCGA recently introduced a Barbera from Puntanella. If you're seeking a really nice red and want that can go with anything, from your cock-



tail hour through to your after-dinner cheese, this should be on your short list. The golden rule is that like glass and blackberries, although there is some space — pepper, cumin and cheese — is the danger!

If you turn into a Barbera fan, you'll also want to hunt down the beautiful Barbera from B.C. Sealedose Co-op comes at it but there aren't many bottles in the province.

Barbera d'Asti, Italy \$10, \$19.99 \*\*\*\*

Wine, snacks, cocktails and more on Twitter @dixhouse.

## Crossword/Sudoku answers

B	E	P	O	T	R	A	N	G	E
R	A	J	A	N	U	S	F	I	N
J	U	S	T	A	R	R	I	V	E
S	T	E	A	D	E	A	R	N	S
H	A	D	S	A	L	E	T	A	R
O	R	A	M	A	T	O	R	T	O
H	A	D	A	S	C	A	R	S	C
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S	O	L	A	R	E	A	R	E	A
T	O	R	I	S	T	A	R	E	A
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R	A	J	A	N	U	S	F	I	N
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3	1	7	6	4	9	8	2	5
9	2	4	5	1	8	3	6	7
6	8	5	7	2	3	1	4	9
8	6	1	4	5	7	9	3	2
5	4	9	2	3	1	7	8	6
7	3	2	9	8	6	5	1	4
1	5	6	3	9	4	2	7	8
2	7	3	8	6	5	4	9	1
4	9	8	1	7	2	6	5	3

**Watch for delivery on August 13!**

# LEISURE GUIDE

The City of Saskatoon *Leisure Guide* is your community source for a variety of arts, culture and recreational activities throughout the Fall season.

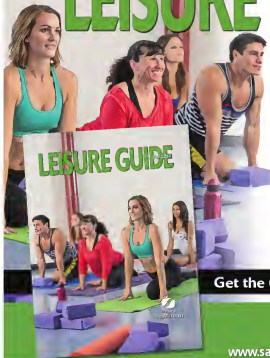
Keep the Guide from September 1 through December 31 and refer to it to find drop-in and registered\* program activities for all ages.

*\*Registration for Fall programs begins August 17 at 6 p.m.*

**Get the Guide, Keep the Guide!**

 **City of  
Saskatoon**

[www.saskatoon.ca/go/leisureguide](http://www.saskatoon.ca/go/leisureguide)





# BRIDGES

SAVE  
**\$950\***

**OWNER  
DEAL**

**NEW  
COLLECTION!**

**PLUS!  
RECEIVE  
\$500  
INSTANT  
REBATE  
WHEN YOU  
BUY 3 OR MORE  
SELECT APPLIANCES**

**BOTTOM MOUNT REFRIGERATION  
WITH FREEZER ON TOP**

**NOW AT  
\$799**

**SAVE \$150**  
Energy Efficient  
Freezer Top  
Available Until  
February 28, 2009  
Model #P20 - \$949

**FRIGIDAIRE  
REF-COOL ELECTRIC RANGE**

**NOW AT  
\$1049**

**SAVE \$300**  
Energy Efficient  
17" / 24" Dual Burner  
Model #P20 - \$1349

**BOTTOM MOUNT  
REF-COOL ELECTRIC RANGE  
GRATE AND WATER DISPENSER**

**NOW AT  
\$1899**

**SAVE \$500**  
Energy Efficient  
17" / 24" Dual Burner  
Grate & Water Dispenser  
Model #P20 - \$2399

\*Maximum purchase limit: 2 appliances



**SAVE  
\$500**

**NEW! Maytag  
Refrigerator**

**MAYTAG**

**NEW COLLECTION!**

**PLUS! \$500  
RECEIVE**

**INSTANT REBATE ON  
3 OR MORE SELECT  
APPLIANCES**

**PLUS! \$300  
RECEIVE**

**INSTANT REBATE  
WHEN YOU BUY 2  
SELECT APPLIANCES**

**BOTTOM MOUNT REFRIGERATION  
WITH FREEZER ON TOP**

**\$1499**

11 cu. ft. Capacity  
Factory Direct Price \$1999  
In-Store Glass Displays  
Model #P20

**FRIGIDAIRE REF-COOL ELECTRIC RANGE**

**\$1199**

For Customer Booking  
(Some items only)  
24" / 30" / 36" / 48" / 60" / 72" / 84" / 96" / 108" / 120" / 132" / 144" / 156" / 168" / 180" / 192" / 204" / 216" / 228" / 240" / 252" / 264" / 276" / 288" / 300" / 312" / 324" / 336" / 348" / 360" / 372" / 384" / 396" / 408" / 420" / 432" / 444" / 456" / 468" / 480" / 492" / 504" / 516" / 528" / 540" / 552" / 564" / 576" / 588" / 600" / 612" / 624" / 636" / 648" / 660" / 672" / 684" / 696" / 708" / 720" / 732" / 744" / 756" / 768" / 780" / 792" / 804" / 816" / 828" / 840" / 852" / 864" / 876" / 888" / 900" / 912" / 924" / 936" / 948" / 960" / 972" / 984" / 996" / 1008" / 1020" / 1032" / 1044" / 1056" / 1068" / 1080" / 1092" / 1104" / 1116" / 1128" / 1140" / 1152" / 1164" / 1176" / 1188" / 1200" / 1212" / 1224" / 1236" / 1248" / 1260" / 1272" / 1284" / 1296" / 1308" / 1320" / 1332" / 1344" / 1356" / 1368" / 1380" / 1392" / 1404" / 1416" / 1428" / 1440" / 1452" / 1464" / 1476" / 1488" / 1500" / 1512" / 1524" / 1536" / 1548" / 1560" / 1572" / 1584" / 1596" / 1608" / 1620" / 1632" / 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**TOP MOUNT REFRIGERATOR****\$849**

18 cu. ft. Capacity  
Adjustable Door Shelf  
SCRIBBLER™ Glass Shelves  
20102

**PRESTANDARD EASY CLEAN ELECTRIC RANGE****\$599**

Accubake™ Temperature  
Management System  
Dry-Proof™ Glass Shelves  
20104

**WDOO****\$299**

99% CFM Blower  
3 Speed Settings  
20101

**TALL TUB BUILT-IN DISHWASHER****\$399**

Soft Temperature Option  
Control Lock  
20103



**PLUS! RECEIVE \$500 INSTANT REBATE\*\***  
WHEN YOU PURCHASE 3 OR MORE SELECT APPLIANCES

**PLUS! RECEIVE \$300 INSTANT REBATE\*\***  
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18 cu. ft. Capacity  
LED Interior Lighting  
Door Drawer  
20104

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10" x 12" Outer Portion  
Element W/In  
Convection  
20105

**WDOO****\$599**

99% CFM Cooktop Blower  
3 Speed Settings  
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Top Rack Wash Option  
Premium-Filter System  
20103

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ElectroClean™ Glass Shelves  
Triple Large Windows  
20102

**TOP MOUNT REFRIGERATOR****\$499**

17 cu. ft. Capacity Full Width  
Door Shelves Adjustable  
Spiralizer™ Glass Shelves  
20101

**BOTTOM MOUNT FREEZER REFRIGERATOR****\$729**

18 cu. ft. Capacity Electronic  
Controls  
Humidity Controlled Drawers  
20104

**\$698 PAIR****TOP LOAD WASHER**

4.3 cu. ft. (3.8 DWT) Capacity  
Single Action Agitate  
Cycle Selection Light  
40002

**ELECTRIC DRYER**

5.3 cu. ft. Capacity  
Automatic Drying System  
AntiWrinkle Front Panel Option  
40004

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**KitchenAid**

Save the tax\*  
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INTERNAL  
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**FRIGIDAIR DOOR BOTTOM MOUNT  
REFRIGERATOR WITH  
FREEZER DRAWER**  
**\$1699**

30 cu. ft. Capacity  
Silver Frost Dispenser  
CoolVault™ LED Theater Lighting  
40000

**TALL TWIN BUILT-IN DISHWASHER**  
**\$999**

Protek™ 17 Cycle  
Sensor-dryed Glass Upper Rack  
40000

**PRESTANDING  
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**\$1499**

12" / 17" / 17" Single Standard  
100 Series 100 17" Glass Cooktop with  
Power Boost™ Element  
40000

**OVER-THE-RANGE MICRO WAVE HOOD**  
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3.0 cu. ft. Capacity  
Quick Defrost Cycle  
40000

**FOUR-DOOR FRIGIDAIR DOOR REFRIGERATOR**  
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25 cu. ft. Capacity  
FullStar™ Fast-Loaded Drawers with Adjustable Dividers  
Adjustable Glass Shelving  
with Split-Door Technology  
40000



**INDUCTION PRESTANDING  
SELF-CLEAN ELECTRIC RANGE**  
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Apex™ Technology  
Clean Cooktop  
Touch-Activated Controls  
40000



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**TALL TWIN BUILT-IN  
DISHWASHER**  
**\$1099**

14 Place Settings  
Third Level Universal Rack  
40000



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**PRESTANDING  
SELF-CLEAN DOUBLE  
OVER-ELECTRIC RANGE**  
**\$1499**

TrueTemp™ Plus Top-Connect  
Cooking System (max temp)  
Steam Clean Option  
40000

**TALL TWIN BUILT-IN  
DISHWASHER**  
**\$599**

Adjustable Upper Rack  
Stainless Steel interior  
20000

**BOTTOM MOUNT  
REFRIGERATOR WITH  
FREEZER DRAWER**  
**\$1399**

22 cu. ft. Capacity  
1 Spot Freezer  
Inch-wide Compressed Gaskets  
40000

**Whirlpool®**  
PERFORMANCE SERIES

NAME	ADDRESS	PHONE
City/State	Zip	
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City/State	Zip	
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